

2022 WRCH RACICE

COVID-19 Prevention Plan

INFORMATION TO PARTICIPANTS

- There is an obligation of all teams, officials and workforce to stay at home/at the hotel if there is a fever (over 37.5 °C) or other symptoms of flu and call OC COVID-19 manager.
- During the event:
 - a) pay particular attention to surface hygiene
 - b) wearing of masks at all times except when on a boat/warm up machine and meals
 - c) maintain an interpersonal distance of at least 1,5 meters
 - d) avoid close contacts such as hugs or handshakes. The following rules apply to the entire area of the event and are valid from arrival at the venue until departure from the venue.

IN CASE OF COVID-19 SYMPTOMS OR BODY TEMPERATURE ABOVE 37.5°C

Any person showing a temperature of 37.5°C or higher or any suspected symptoms must immediately avoid any close contact with others and COVID-19 test should be performed. In case of positive result of the rapid (antigen) test Team manager ensures isolation of COVID-19 case at a hotel room and reports to LOC Doctor Veronika Bartoňová, MD - by email: veronika.bartonova@ftn.cz and to LOC COVID Officer – by e-mail covid@rowingracice.com.

If the symptoms are discovered at the venue, Team manager will contact OC Doctor, the person will be isolated in the onsite isolation room and an antigen test will be conducted.

In case of negative result of the rapid (antigen) test but persistent signs and symptoms, RT-PCR test for detection of SARS-CoV-2 should be performed.

In case of positive result of the RT-PCR test for SARS-CoV-2 , OC COVID Officer performs isolation in a hotel and removal from regatta.

World Rowing and the OC Doctor would review the situation and will coordinate further steps with Team manager in accordance with the host country's Covid-19 rules, please check **here**

<https://covid.gov.cz/en/situations/infection-and-general-measures/isolation>

MEASURES AT THE REGATTA VENUE

ACCREDITATION AND TEAM REGISTRATION CENTRE:

- Only one person in the accreditation centre at a time and only the designated National Team Manager is allowed to enter the centre.
- Hand disinfection before entering the area
- Allow for sufficient ventilation

MEDIA CENTRE:

- Mask will be required to be worn at all times.

VICTORY CEREMONY PROTOCOLS:

- The awards will be made after each race with medal presenters.
- No handshakes and hugs.

Photos may be taken by authorized and accredited photographers in compliance with the distancing rules.

WORLD ROWING (INCLUDING ITOS)

The same general rules apply to the World Rowing group (including jury and contractors etc).

Working space – limits/layout changes/measures: a mask must be worn in offices at all times

- World Rowing Office
- Jury Meeting Rooms

VIPS & HOSPITALITY

- VIP and hospitality will be organized and managed following the general rules for reducing the spread of the virus.

ORGANISING COMMITTEE STAFF AND VOLUNTEERS

- OC staff & volunteers must follow all the general rules for reducing the spread of the virus. They must always carry the accreditation card with them.

VENUE CATERING

The catering for the athletes will be organized in the central catering tent

- The choice of two menus will be offered.
- During meals in catering shed athletes should maintain an interpersonal distance of at least 1,5 meters.
- Conversation during the meals should be avoided in order to prevent the spread of the SARS-CoV-2 virus among athletes.

TEAM MANAGER MEETINGS:

- Team Manager Meetings will be held in person. A mask must be worn.

CEREMONIES AND SOCIAL FUNCTIONS:

- Opening and Closing Ceremonies will be held.
- Nations Dinner will be held applying general principles of this plan.
- Media or Jury outing will be held.

COMPETITION AREAS

BOAT RACKING:

- Boat racking will be located on open space in front of the boathouse.
- Boat racks will be allocated by the OC. The racks will be assigned by type of boats.

BOAT WEIGHING

- Only one crew to access boat weighing area at one time.
- Other crews waiting outside must keep social distancing while waiting to enter the boat weighing area.

BAG DROP

- The volunteers at the Bag Drop must wear a mask.
- Disinfecting the hands with the hand sanitizers provided by the OC is mandatory when entering and leaving the area.

ATHLETE WEIGHING:

- Limited crews at a time will be allowed in the waiting area.

- Crews waiting outside must keep social distancing while waiting to enter the athletes weighing area.
- Test scales will be regularly sanitized.
- Hand disinfection before entering.
- Allow for sufficient ventilation.

TEAM INFORMATION CENTRE:

- Only one person at a time is allowed to enter the information centre.
- Plastic shield will be installed to separate OC volunteers from Team Managers.
- Hand disinfection before entering the area.
- Allow for sufficient ventilation.

TOILETS:

- Frequent sanitization will be performed daily.

SHOWERS:

- Frequent sanitization will be performed daily.

WARM UP ERGOMETERS:

- Ergometers will be positioned in a boat bay, allowing good ventilation, at least 1,5 m away from each other
- Each athlete must sanitize the ergometer with products made available by the OC before and after use. OC volunteers will check if the sanitation is done properly.
 - The OC will provide sanitation with specialized operators and volunteers.
 - Teams who wish to bring their own ergometers will be able to; however, they must remain within the confinements of their own team tent and adjacent area to ensure social distancing from other teams.
 - Teams will be responsible for their own frequent sanitation of their machines.

TEAM TENTS AND ICE BATHS:

- Each tent will be positioned at a safe distance from each other and the position will be preassigned based on the number of athletes for each team.
- Ice Baths are located in a designated area. No ice baths can be placed in the team tent area.
- Each Member Federation must provide its own tent or borrow it from the organizer for a fee.
- Each team is responsible for cleaning and disinfecting their own team tents during the regatta.

TEAM MASSAGE AREAS:

- The massage area will be provided by OC.
 - The tables will be separated with partitions and dedicated space will be assigned where appropriate.
- Staff and athletes must also use a mask covering mouth and nose during treatments.
 - At the end of each session the team must sanitize the area. OC volunteers will check if the sanitation is done properly.

ATHLETE REST AREA:

- Athletes must always wear a mask covering mouth and nose and sanitize their hands with disinfectant made available and maintain a distance of at least 1,5 m.

CONTROL COMMISSION:

- Everyone must maintain a distance of 1,5 m.
- GPS units and bow will be sanitized after use.

BOATING PONTOONS:

- The number of people at any given times on pontoons will be limited.
- The members of Control Commission and NTOs will manage the adherence of this rule.
- Only athletes and official workers will be able to access the pontoons. It will not be allowed to leave personal items on the pontoons.

TRANSPORT:

- Wearing a mask covering mouth and nose is mandatory within the buses.
- There will be an OC Transport Coordinator at each official hotel who will assure the compliance with requested schedule.
- The transfer from hotel–venue–hotel can be carried out by own buses/vans/cars which must be confirmed with the OC in advance. Private team buses/vans/cars must have a parking card for this event.

REPORTING AND COMMUNICATIONS:

DURING EVENT:

- The OC COVID-19 Manager will take care of identifying a place in the venue dedicated to the isolation of those who present symptoms attributable to COVID-19 during the event and implement all procedures to ensure rapid health intervention
- In case of COVID-19 symptoms or body temperature above 37.5°C, a protocol (page 4) must be followed.

POST-EVENT:

14 day after the completion of the competition, National Teams will be required to complete an online survey about the event. Please inform OC and WR.

DOPING CONTROL PROCEDURES:

- Doping Control will be performed as scheduled, respecting all the health procedures required by proceeding 1 athlete at a time.
 - An additional waiting area will be organized outside the doping control room to ensure social distancing for waiting athletes.

Recommended PCR Testing Centre

1) For teams staying in the following areas:

- Litoměřice
- Terezín
- Hoštka
- Roudnice

Covid 19 PCR testing lab centre - Litoměřice

Address: Michalská 39, 412 01 Litoměřice

Opening hours:

Monday: 8-13:00hrs
Tuesday: 8-13:00hrs
Wednesday: 8-13:00hrs
Thursday: 8-13:00hrs
Friday: 8-13:00hrs
Saturday: closed
Sunday: 8-12:00hrs (PCR express is not possible)

Phone: [+420 739 103 890](tel:+420739103890)

Web: www.covid-litomerice.cz

Drive in: no

Diagnostic method: RT-PCR

Results: Up to 48 hours

2) For teams staying in the following areas:

- Račice
- Štětí
- Mělník

Covid-19 PCR testing lab centre - Mělník

Address: City Market parking, Bezručova 3779, 276 01 Mělník

Opening hours:

Monday: 8-14:00hrs
Tuesday: closed
Wednesday: 8-14:00hrs
Thursday: 12-17:00hrs
Friday: 8-14:00hrs
Saturday: closed
Sunday: 9-12:00hrs

Phone: [+420 605 210 650](tel:+420605210650)

Web: www.covidmelnik.com

Drive in: yes

Diagnostic method: RT-PCR

Results: up to 24 hours

Card payment: yes

3) For teams staying in the following areas:

- Slaný
- Kralupy nad Vltavou
- Mšené

Hospital - Slaný

Address: Lab-point Slaný Hospital, Politických vězňů 576, 274 01 Slaný

Opening hours:

Monday: 8-9:00hrs
Tuesday: 8-9:00hrs
Wednesday: 8-9:00hrs
Thursday: 8-9:00hrs
Friday: 8-9:00hrs
Saturday: closed
Sunday: closed

Phone: [+420 778 405 860](tel:+420778405860)

Web: www.vytery.nemsl.cz

Drive in: yes

Diagnostic method: RT-PCR

Results: up to 24 hours

Card payment: no information

4) For teams staying in Prague:

Poliklinika Prosek

Address: GHC Genetics, Lovosická 440/40, 190 00 Praha 9, in front of the building

Opening hours:

Monday: 8-12:30hrs
Tuesday: 12-16:00hrs
Wednesday: 8-12:30hrs
Thursday: 12-16:00hrs
Friday: 8-12:30hrs
Saturday: closed
Sunday: closed

Phone: [+420 266 010 111](tel:+420266010111), [+420 739 500 500](tel:+420739500500)

Web: www.covid-ghc.com

Drive in: no

Diagnostic method: RT-PCR

Results: up to 24 hours

Card payment: yes